

# HARVESTING A HEALTHY HILLCREST

HEALTHY EATING FOR BUSY LIVES

Melissa Woods, RD

February 6, 2017

Lu Sten  
Nicole Cohen  
Tania Myers  
Kathleen Javdon  
Erica Mierzejewski



Ken Raykowitz  
Diana Anglin  
Zoë Dell  
Amanda Winpiger  
Chelsea Croft  
Mary Budget Queen  
Becky McDerlo  
Donna McAdoo-Bucher  
Leatrice Howard  
Rosemary Dillingham  
Mike Kury  
Heather Smith  
Janine Nelson  
Shauna Roberts  
Cindy Beard  
Abby Burke  
Jennifer Fox  
Shirley  
Joy Callan  
Mayon Harrison  
Chick Wainitt

~~Steph~~ Jacqueline Schoen  
Allison Wynn  
Heather Pumbot  
Lynn Blau  
Barry Myers (Barry Myers)  
Dorothy  
Bet Gatin  
Patrice Manning-Walker  
Alex Kordembrock  
Leslie Neal  
Julia Heiman  
Christa Otterbein  
Anne Pappas  
Beth Lewis  
Sarah Cobas  
Mimi  
H.S.H.  
Tina Duvall  
Cathy Kadulovich  
Mary E. Capke

HEALTHY EATING FOR BUSY LIVES

Melissa Woods, RD

February 6, 2017



Kate Swann

Christine Price

Andrew Weymont

Sara Kaspery

Leatrice Howard

Rosmary Billingham

Mike Curry

Cathy Smith

Janne Heller

Becky Myers

Patricia Donovan

Joan Mc Cartan

Peggy Koenig

Jenny Krush

*[Signature]*